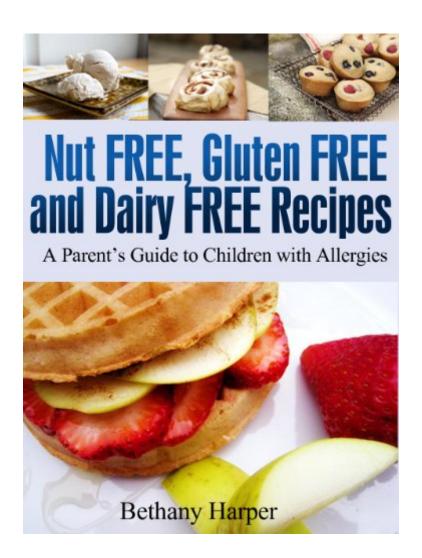
The book was found

Nut-free, Gluten-free, And Dairy-free Recipes (A Parent's Guide To Children With Allergies)





Synopsis

The saddest day of my life was when I found out that my own kid had a terrible gluten allergy. My child could die if he eats wheat or anything made from it.But what do kids want? Pastries, mac and cheese, and all the other goodies that are made from wheat and have gluten!In these times, food allergies have become a major part of our lives. The most common food allergies are Nuts of all kinds, Gluten, and Dairy. The allergy can run from light, to so severe that a taste will make it impossible to breathe. Now, finally, those of us whose children have food allergies have a way to give our kids the things we thought they would never have. Read Bethany Harperâ ™s new book â œNut FREE, Gluten FREE and Dairy FREE Recipes: A Parentâ ™s Guide to Children with Allergiesâ •. This is so great. So many wonderful recipes. All the foods that I thought my little boy would never be able to eat!Sunflower/Pumpkin Seed Milk Jelly of Concord Grape Concocted with Maple Syrup Allergen-shielded Mushroom Cream Soup Allergy-free Brownies Egg-less, Milk-less, Butter-less Cake Spelt Magic Bread Summer Special Pie Marinated Baked Chicken Breasts Crispy Baked Fish Raisin Rye Muffins Apple and Spice Cookies Mung Bean Stew Pumpkin Pie (Wheat-free, Egg-free, and Dairy-free) Chunky Vegan Corn Chowder Vegan Brownies Passover Treat Lemon Bars Quinoa Porridge And check out the NUT FREE options! Allergy-free Comfort Soup Crunchy and Delicious Granola Pseudo Pecan Pie Movie Star Popcorn Nut-free Meltaways Bethâ [™]s Spicy Oatmeal Raisin Cookies Party Pinwheels Mrs. Siggâ [™]s Snickerdoodles Gigantic Chewy Chocolate Chip Cookies Whole Wheat Blueberry Muffins Chicken Kathi rolls (Chicken Frankies)Vegan Pancakes Super Easy Scones Baked Kale Chips Playtime Granola Bars Tortilla Roll-ups Easy Snack Wrappings Chewy Apricot Leather Corn Dog Muffins Creamy Cheesy Penguins If you have a child with food allergies, this book will make you, and your child, so very happy!

Book Information

File Size: 937 KB Print Length: 116 pages Publication Date: July 1, 2012 Sold by:Â Digital Services LLC Language: English ASIN: B008GWT0V4 Text-to-Speech: Enabled X-Ray: Not Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #1,443,723 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #91 in Books > Health, Fitness & Dieting > Children's Health > Allergies #345 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Wheat Free #610 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Allergies

Customer Reviews

Word Wise: Enabled

If you have nut or gluten allergies but still want delicious home cooking then this book is for you. It is especially good if you have a child with allergies because whatever you child likes, chances are it is in this guide. Cupcakes, pizza, smoothies, brownies, all the stuff that kids like are in this book. The recipes range from "easy to make" to "cinch" and all have clear instructions so that anyone can make them. If you or your child has a gluten allergy then you simply have to check out this book, it's a must.

Download to continue reading...

Nut-free, Gluten-free, and Dairy-free Recipes (A Parent's Guide to Children with Allergies) Yummy Yum for Everyone: A Childrens Allergy Cookbook (Completely Dairy-Free, Egg-Free, Wheat-Free, Gluten-Free, Soy-Free, Peanut-Free, Nut-Fre Gluten Free: Gluten-Free Baking Cookbook: Delicious and Healthy, 100% Gluten-Free Cake & Bake Recipes You Will Love (Gluten Free Diet Cookbook, Gluten Intolerance Book 2) Gluten Free Recipes: 39 Gluten Free Recipes With Rice, Polenta, Beans And Quinoa Plus Delicious Vegetable Side Dishes To Complete Your Gluten Free Meal-Discover ... Gluten Free Recipes On a Budget Book 6) Gluten Free: Gluten Free Quick-start Guide To Living A Gluten-Free and Wheat-Free Diet (Over 100 Gluten-Free Recipes) Go Dairy Free: The Ultimate Guide To Going Dairy Free-How To Go Dairy Free Without Cutting The Cheese Vegan: High Protein Vegan Cookbook-Vegan Diet-Gluten Free & Dairy Free Recipes (Slow cooker, crockpot, Cast Iron) (vegan, vegan diet, vegan slowcooker, high ... free, dairy free, low carb) The Healthy Gluten-Free Life: 200 Delicious Gluten-Free, Dairy-Free, Soy-Free and Egg-Free Recipes! Gluten Free: Vegan Cookbook: Nutritious and Delicious, 100% Vegan + Gluten Free Recipes to Improve Your Health, Lose Weight, and Feel Amazing (Gluten Free Diet Cookbook, Gluten Intolerance Book 3) Crockpot Recipes: 30 Delicious, Dairy & Gluten Free, Low Carb Recipes For Busy People (Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, Gluten Free ... Cooker Recipes, Low Carb Cookbook Book 1) The Nut-Free Mom: Caring for Your Child with Peanut and

Nut Allergy How to Make Raw Nut Flour Without a Food Processor or a Vitamix: Raw Recipes for Bagels, Breads or Vegan Nut Milk Fruit, Berry and Nut Inventory: An Inventory of Nursery Catalogs Listing All Fruit, Berry and Nut Varieties Available by Mail Order in the United States Gluten-Free Crock Pot Recipes: 50 Sensational Set & Forget Slow Cooker Recipes for a Gluten-Free Diet (Gluten-Free Made Easy) (Volume 2) The Gluten-Free Diet Cookbook: 101 Delicious Wheat-Free Recipes Inspired by the Mediterranean Diet (Gluten-free, Gluten-free Cooking) GLUTEN FREE COOKBOOK: Gluten Free Slow Cooker Recipes: 50 Gut Friendly Wheat Free Meals That Are Ready When You Are (Gluten Free Diet) (Health Wealth & Happiness Book 57) The Food Allergy Mama's Easy, Fast Family Meals: Dairy, Egg, and Nut Free Recipes for Every Day Everything You Need to Know About Gluten Intolerance in Children + Gluten Free Recipes! (allergies) Gluten-Free, Wheat-Free, Dairy-Free, Sugar-Free, Caffeine-Free?.Are you kidding me?: All natural and 99% organic recipes that are quick and easy to prepare. Vegan: 101 Quick-Fire, Dairy Free and Low Carb Vegan Diet Recipes (Vegan Cookbook of Recipes that are low carb, dairy free, slow cooker, crockpot and cast iron)

<u>Dmca</u>